

## Norfolk Community School's Food Policy

At Norfolk Community School we believe that healthy eating should be promoted as an enjoyable activity, as well as one that contributes to good health. We believe that it is the schools role to develop children's abilities to make informed food choices, in a way which acknowledges and respects the eating habits of individuals and families.

This policy brings together all aspects of food in school to give coherence, clarity and consistency.

### Objectives

- Ensure that the lunch break experience contributes positively to the pupil's personal development, including the seating and queuing arrangements.
- Ensures that clean palatable drinking water is available for pupils throughout the day.
- Provide guidance so that the messages about food and nutrition are consistent across all the schools activities, including snacks eaten during the day, school meals, packed lunches and the food taken on school trips.

How are we going to meet our objectives?

- Ensure that food in school is regularly on the agenda at school council.
- Encourage more staff to eat in the dining room and implement rewards for well behaved children in the dining room.

### Monitoring and Evaluation

- Ensure that any suggestions or ideas around food in school from the school council are fed back to staff and appropriate action is taken.